

Beat: Lifestyle

LOLE WHITE Tour 2017 - Yoga, Meditation, and an Immense Feeling of Well-being

For nearly 15,000 Yogis

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USPA NEWS - Two not-to-be-missed Events were held under the Banner of Peace and Well-being as part of the Lolë White Tour Presented by PANDORA, held at the Toronto Exhibition Center on July 27 and at the Jacques-Cartier Pier in the Old Port of Montreal on August 12. The 2017 tour, without a question among the most remarkable years since its beginnings in 2012, brought together nearly 15,000 yoga Enthusiasts of all Levels and all dressed in White for a larger than Life Experience....

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Well-known Yoga Personalities offered memorable Classes. Internationally renowned Yoga Teachers Colleen Saidman Yee and Rodney Yee guided the Yoga Session in Toronto immediately following a Relaxing Meditation Session from Marla Meenakshi Joy. In Montreal, Nadia Bonenfant, Selena Isle, Geneviève Guérard and Andrew Bathory brought Yoga Enthusiasts together while the renowned Dawn Mauricio offered a mMditation Class that was deeply appreciated by those present. Annie Langlois's Mandala Breathing Workshop brought the Benefits of Breathing Awareness into a Soothing Atmosphere linking Body and Soul.

Participants had the privilege of being carried away by the Music and the Pure and Captivating Voice of Folk Musician BEYRIES as part of the two Events. Her performances created a Luminous Soundscape that cultivated a Relaxing Experience that was Unique and Outside the Ordinary.

Source : Lolë White Tour

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